



Research Skills Development Course III

Career and Leadership: Making Powerful Choices and a Positive Impact

Date & Time: 10 - 12 September 2018

arrival by noon on Sept 10th; departure not earlier than 2 pm on Sept 12th

Location: Bovenden (Göttingen, ICE connection)

Language: English

POLMAR credit points: 3

Registration: info.polmar@awi.de

Course content:

The aim of this course is to provide postgraduate research students with an opportunity to build their understanding, skills and confidence in the key areas of career planning, career development and the development of their leadership style.

The course brings in the expertise of former recruiters in industry to help raise your awareness of your career goals and plan realistic steps towards these. It will provide an opportunity to look ahead and build your understanding, skills and confidence in the key areas of career planning, career development and the further development of your leadership style.

Using your skills and expertise, the course will explore what is important for you in terms of ongoing career development. Working individually and in groups you will be encouraged to build a clear picture of what you want to do, who you want to be, and how you want to get there. The teaching is activity based involving CV sessions, the simulation of interviews and assessment centres and leadership opportunities through a range of outdoor and indoor activities.

Specific topics covered in the course include:

- Defining career goals: short, mid and long-term goals
- Career planning and employer research
- Identification of (and evidence for) competencies
- CV writing to reflect competencies: style, format, country-specific differences
- The job application process
- Networking skills
- Interviews and assessment centres
- Personality preferences related to careers and leadership
- Authentic leadership

By the end of the course participants should:

- Have a clear understanding of the key elements of leadership.
- Feel empowered to be authentic in their leadership style.
- Have experienced a range of leadership styles through working with colleagues.
- Understand career planning and how to take ownership of the process.
- Have an understanding of the skills and competencies organisations require.
- Feel equipped to participate in selection processes.

This will be achieved through:

- A safe, yet challenging course environment that will encourage you to explore and identify the key elements of career planning, career choice, networking, leadership and personal impact.
- A balanced and structured programme of exercises and review sessions that will provide a variety of learning situations allowing you to identify and take away relevant lessons.
- A range of group situations where you will be encouraged to share feedback with your peers on the overall effectiveness of each other.
- A career workbook will be offered to aid the learning process.
- Encouragement to create an ongoing level of support from your network that will enable ongoing networking, coaching and further group interactions.

Participants will meet PhD students from other Helmholtz institutes all over Germany, and experience a very innovative, hands-on oriented course concept.

Target group: Doctoral candidates in their final year. Please note that this course is only open to doctoral candidates from Helmholtz centres.

Pre-requisites: Participants need to bring adequate clothing for outdoor activities.

Venue:

Mariaspring - Ländliche Heimvolkshochschule e.V.
Rauschenwasser 78
37120 Bovenden
www.mariaspring.de

More information: info.polmar@awi.de