

First Aid Course (“Ersthelferausbildung”)

Dr. Jürgen Laudien, AWI

Date & Time:	November 27, 2017;	9 am – 5 pm
	November 28, 2017	9 am - 1 pm
Location:	Highsea classroom Building A	
Language:	English	
POLMAR credit points:	1,5	
Registration:	info.polmar@awi.de	

Course content:

The emergency number in Germany and Europe is 112.

However, there is more you can do as an individual apart from calling the ambulance in case of an accident. With this hands-on course, we want to provide training in order to help you to react appropriately in the lab and during expeditions by

- preventing accidents
- providing first aid to injured people
- saving lives

The course emphasizes:

- How to react in case of and at the location of emergencies
- How to make an emergency call
- How to put somebody into the recovery position
- How to attempt resuscitation
- How to staunch of a serious bleeding
- How to provide first aid in case of with fractures, heart attacks, strokes, poisoning, electric shocks, burns

This course is certified by the “Berufsgenossenschaft” (German employers’ mutual insurance association). Proof of participation confers you the title “Ersthelfer” (*) and is furthermore valid for the boat driver permit or driving licenses (both car and truck).

Participants should be prepared to take active part in exercises.

Target group: *All PhD students who have never followed a first aid course.*

More information: juergen.laudien@awi.de

(*) Trained persons that are able to provide first aid measures to bridge the time gap until the ambulance and the emergency team arrive. The permit is valid for two years and can be refreshed by a 1-day-course.